



Living  
Life

Loving  
Life



ALLENDALE  
SENIOR LIVING

Welcoming  
Neighbors

Welcoming  
Friends





Welcome



*Our Personalized Approach Starts With...*

## EXPERIENCE, EXPERTISE, & ENGAGEMENT!

We customize care so our residents can enjoy all life has to offer! Allendale Senior Living means meeting wellness needs *and* providing a wealth of opportunities for personal growth through our Life Enrichment programs.

*My family and I could not have had a better experience with the Atrium at Allendale. My father has required increased care and searching for assisted living proved quite difficult. We found Allendale through our lawyer and after the first day calling and speaking with admissions, I knew this was the place for us. Admissions was very responsive all throughout the process.*

*My father's room is quite spacious and has all the amenities he needs. Even the first day my father felt instantly comfortable with all the staff. He says the aids have been wonderful to him, constantly checking on him. As a daughter living far away it gives me such peace of mind that anytime I can call his landline if his cell isn't working, or immediately reach the nursing staff with questions.*

*The nurse practitioner has been wonderful to work with and is very knowledgeable and caring. They have helped with coordination to doctors' appointments as well as his COVID vaccine. I also think their policies have been fantastic during the pandemic and they are taking all the right precautions. I feel truly lucky and blessed to now be part of the Allendale family.*

— Amanda R.





Experience  
Comfort



## Residential Living

We offer a multitude of residential options and floorplans to meet individual needs and preferences, including mid and large size studios, one-bedroom, two-bedroom apartments or our secure memory support options.

Our affordable apartment rates include three daily meals in the Assisted Living dining room, all utilities, recreational activities and programming.

### Amenities included with all private residences:

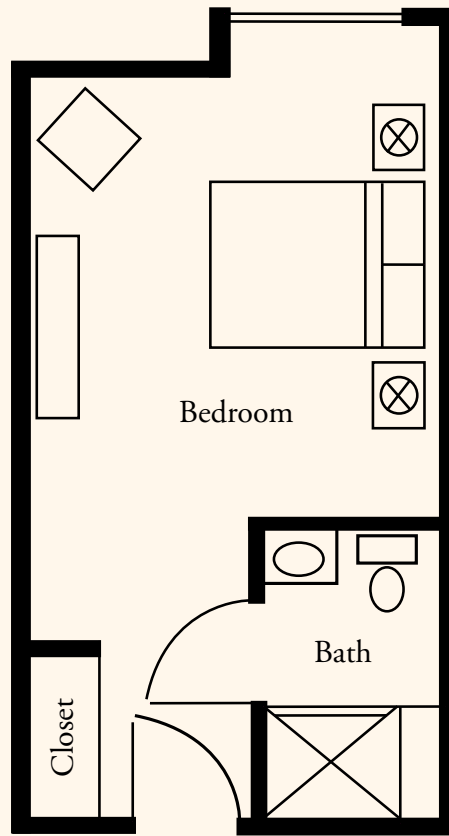
- Individual climate control
- Television and Cable Services
- Walk-in showers with handy safety features
- Comprehensive maintenance
- Weekly housekeeping and laundry service
- 24/7 Emergency Response and Security System

### Community recreational areas include:

- Spacious Living Room Areas
- Spacious Dining Room with Baby Grande Piano
- Library Area
- Movie Theater
- Game Room complete with Pool Table
- Full Working Salon
- Private Dining Room
- Activity Center
- Beautifully Landscaped Grounds

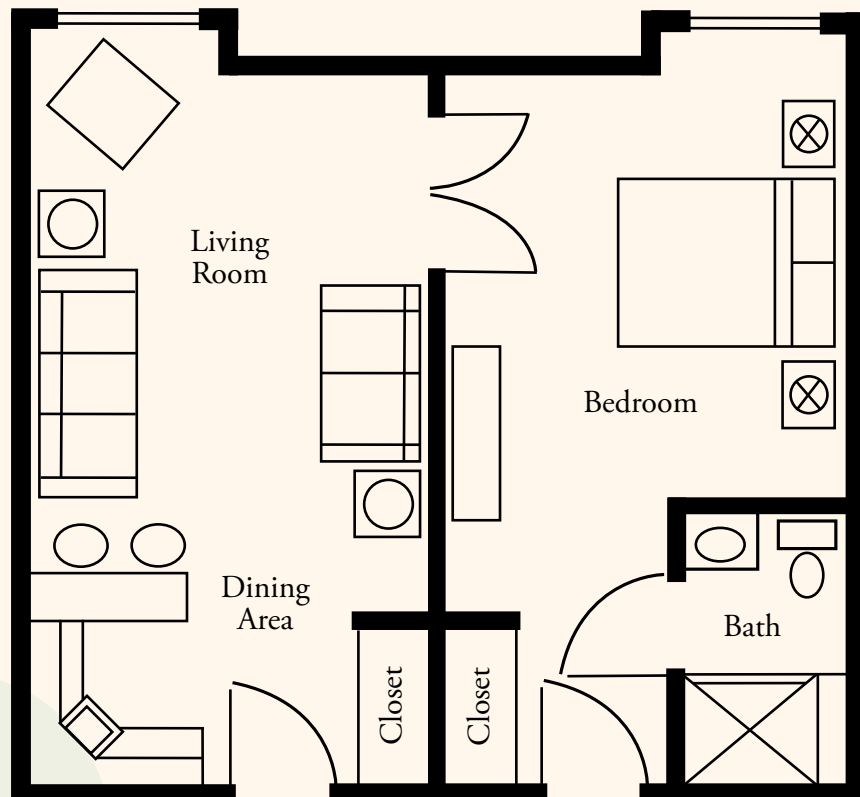


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## Single Room

*256 Square Feet*



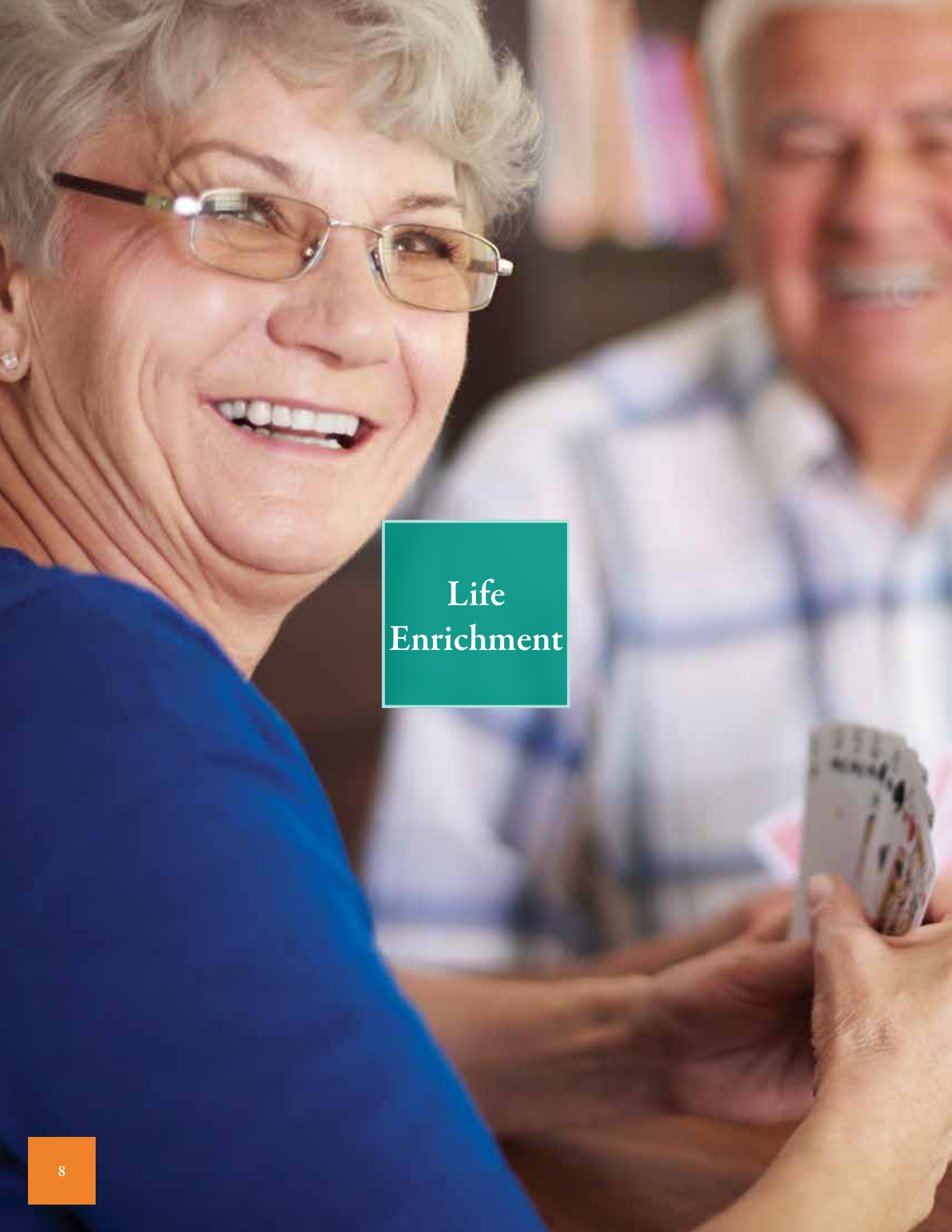
## Two Room Suite

*512 Square Feet*



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Life  
Enrichment



## Social Wellness

Forging connections and friendships in both the surrounding community and our community is the goal of Life Enrichment programming at Allendale Senior Living.

### Recreational Activities and Programs include:

- Exercise Programs
- Art Programs
- Musical Entertainment
- Religious Services
- Holiday, Birthday, and Anniversary Celebrations
- Cultural Events
- Weekly Outings
- Happy Hour
- Gardening
- Barbeques



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A photograph of an elderly couple sitting at a table, smiling and eating. The man on the left is wearing a white polo shirt and has white hair. The woman on the right is wearing a white lace top and has dark hair. They are both holding forks with food. On the table are two plates of food, including what looks like a grilled fish steak and a side of vegetables, and two white cups of coffee. The background is a bright, out-of-focus indoor setting.

## Delectable Dining



## Meals Made with Pride

Our in-house chef makes certain every meal at Allendale Senior Living is a memorable dining experience. Updating our menu with fresh, seasonal favorites, and accommodating any preferences or dietary restrictions\* are points of pride for our dining staff. We also provide lighter fare and snacks throughout the day at our Bistro.

### THE ALLENDALE SAMPLE MENU

#### Breakfast

Fluffy Buttermilk Blueberry Pancakes - *Served with Syrup and Fresh Fruit.*  
Eggs Cooked Your Way - *Served with your choice of bacon or sausage, home fries and your choice of toast. Served with fresh fruit.*

#### Lunch

Crab Cake - *with Premium Lump Crab, Homemade Tartar Sauce and Baked Potato.*  
Mediterranean Salad - *with Cucumber, Feta Cheese, Kalamata Olives and Red Onion with Homemade Balsamic Vinaigrette Dressing, topped with Grilled Chicken.*

#### Dinner

Beef Medallions - *Served with Au Jus, roasted garlic mashed potatoes and fresh steamed baby carrots.*  
Salmon - *with Homemade Dill Sauce, Served with sautéed Spinach and Garlic.*

#### Dessert

Homemade Brownie Sundae smothered in rich chocolate sauce topped with whipped cream and a cherry.  
Warm Homemade Apple Pie, drizzled with caramel sauce, topped with a scoop of your favorite ice cream.





Expert  
Care



## Health & Safety

Nothing matters more to us than caring for our residents. To make sure all personal needs are met, we offer Marquis Enhanced Senior Living Care, a supervised wellness program that monitors the health, safety, and specific needs of each resident.

Our community is operated to the highest safety standards. A call alert system provides assistance whenever needed, and our 24/7 on-site care and nursing staff stand ready to help.

### On-Site Health Services

- 24/7 on-site nursing available
- Primary Care Physicians
- Medication Management
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Podiatry
- Optometrist
- Dermatologist
- Audiologist
- Psychiatrist
- Psychologist
- Dentistry

For residents in need of sub-acute rehabilitation or long-term nursing care, we are ready to make the transition a seamless one.



## Specialty Programs



## Memory Care

Our memory care program is dedicated to meeting the needs of individuals living with Alzheimer's Disease and other forms of dementia. Specially trained staff and a structured routine help keep residents active and stimulated throughout the day, while providing a safe and secure environment for them to thrive.

## Customized Services and Care

At Allendale Senior Living we promote independence by learning each residents individual interest and routines. Working with you, our staff will develop an individualized service plan designed to meet these goals, while monitoring and adapting it to meet any changes in your loved one's condition.

## Food Services

- Special preparation and presentation of food
- Dining and eating

We encourage families to remain actively engaged in their loved one's care and offer ways to continue their support or choose to let us take these worries away through the services we offer.



A close-up photograph of two elderly women with white hair, smiling and embracing each other. The woman on the left is wearing a light pink top, and the woman on the right is wearing a light yellow top. A teal square is overlaid in the center of the image, containing the text "Respite Service".

## Respite Service



## Respite Care

Being a caregiver is often stressful and taxing. Taking a much-deserved break from the day-to-day routine of caregiving is essential to the wellbeing of caregivers.

The Allendale Respite Care Service provides caregivers with a temporary break from daily duties and responsibilities. Whether it's just a few days off, or time away for a family vacation or special event, The Allendale Respite Care team is ready to provide your loved one with exemplary care.

Respite Care also provides a great opportunity for potential residents to try Allendale Senior Living community before committing to moving in.

### Respite Care Services:

- 24-Hour Support
- Medication Administration
- Daily Activities Programming
- Restaurant-Style Dining
- Housekeeping Services
- Availability of Rehabilitation Services
- Physician Support
- Laundry Services
- Weekly Outing

## Worry-Free Pricing

Our approach to “Worry-Free” Pricing is simple: No surprises, no jumps in level of care, just an all-encompassing rate, making budgeting for your loved one’s care easy!

Unlike many assisted living communities who will nickel and dime residents for every care need, Allendale Senior Living gives families the option of choosing our “worry-free” pricing model, which avoids all of those confusing point systems and surprise cost increases. Ask about this lease option and start your “worry-free” living today!



**ALLENDALE**  
SENIOR LIVING





Home of  
Friendship

Home of  
Happiness



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Home of  
Serenity

Home of  
Warmth



# ALLENDALE

## SENIOR LIVING

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**ENHANCED SENIOR LIVING**  
A MARQUIS PROGRAM